**talkRADIO**

03/23/2017 08:39:14 PM

* [talkRADIO](https://scout.tveyes.com/) /

* [U.K. National Radio](https://scout.tveyes.com/)

the a moderate drinking it could lower the risk of heart attack as ronaldo drinking in moderation helps protect the heart with study finding that it lowers the risk of many conditions here compared with those rather dull boring people who don't drink a tall mark perry said 9 moderation more you drink the better it's pretty jane peyton is the founder of the school of hbos an instigator of beer a day britain and he joins us now jane a very good evening to you this must really be great news i suppose by although i'm not sure about the weather the has the same sort of am welcome property is all that all right then good good no wonder we're it all i'll call that lay-off the spirit but blind side of health benefits to drink in moderation in

growth even if jade graft help people who don't drink at all will not be protected ailments that the people drink moderately if you think to march then you get into trouble also thought of moderation and moderation is different with different people all yeah well i i drank very a moderate believe for the 1st 50 yrs of my life but then afterwards i thought what the hell you drink for a warrant moderately everyday iii do not drink from bottles of wine i've never liked spirits i don't drink spirits high once or twice a year i might have a spirit but what's the science behind it it is like sometimes you get a bit red from drinking it's like a new blood around his it pumping new blood vessels as getting things going to be is that we took command in brazil again yeah is a myth it is that when benefits are you talking to me or each other the minute i'm just really

feel free jane and wanton chip been out thank you very much yes it does stun ing increase so the blood flow and it is with some people it makes that will go ahead you know you are not the same or different sense we are all different and sent them to help benefit as well so it depends on the genetic it depends on we wait to much depends on a family history of of that so we caught them descending property but the are proven help but it is this thing on the decades by the way which is why doctors say you know just what the doctor water rescue operation used to be oh get prescribed champagne and whisky on the nhs you wondered no longer kind we're still coming for an unconditional kiev hang on what conditions on the shannon among other whisker gough's terms of how will we get a bottle of champagne no no cos i'd get free prescriptions of my age it would be more likely to the beer for people who love the throat the can be varied lake area full of fun look for a

new treaty for that but now us so in certain cases the might get for prescribed here so you can get champagne i would if i mean i've i've had cancer of the liver unit of the cancer of the kidney i've only got one kidney have to be careful what i actually drink then i've found you know as the are it seems all right it seems again the one canny here confers an effort here here here here i don't get drunk every day that not sure you have a little drink every day after we see are people who come to 100 years old you say what you see a lot of time night they have is a strong spirit an is that you think that has something to do with longevity quick she will cook that at you if she's gone and she's girls over a on visions of the programme until you listen to the show she would you be so hurt somebody who